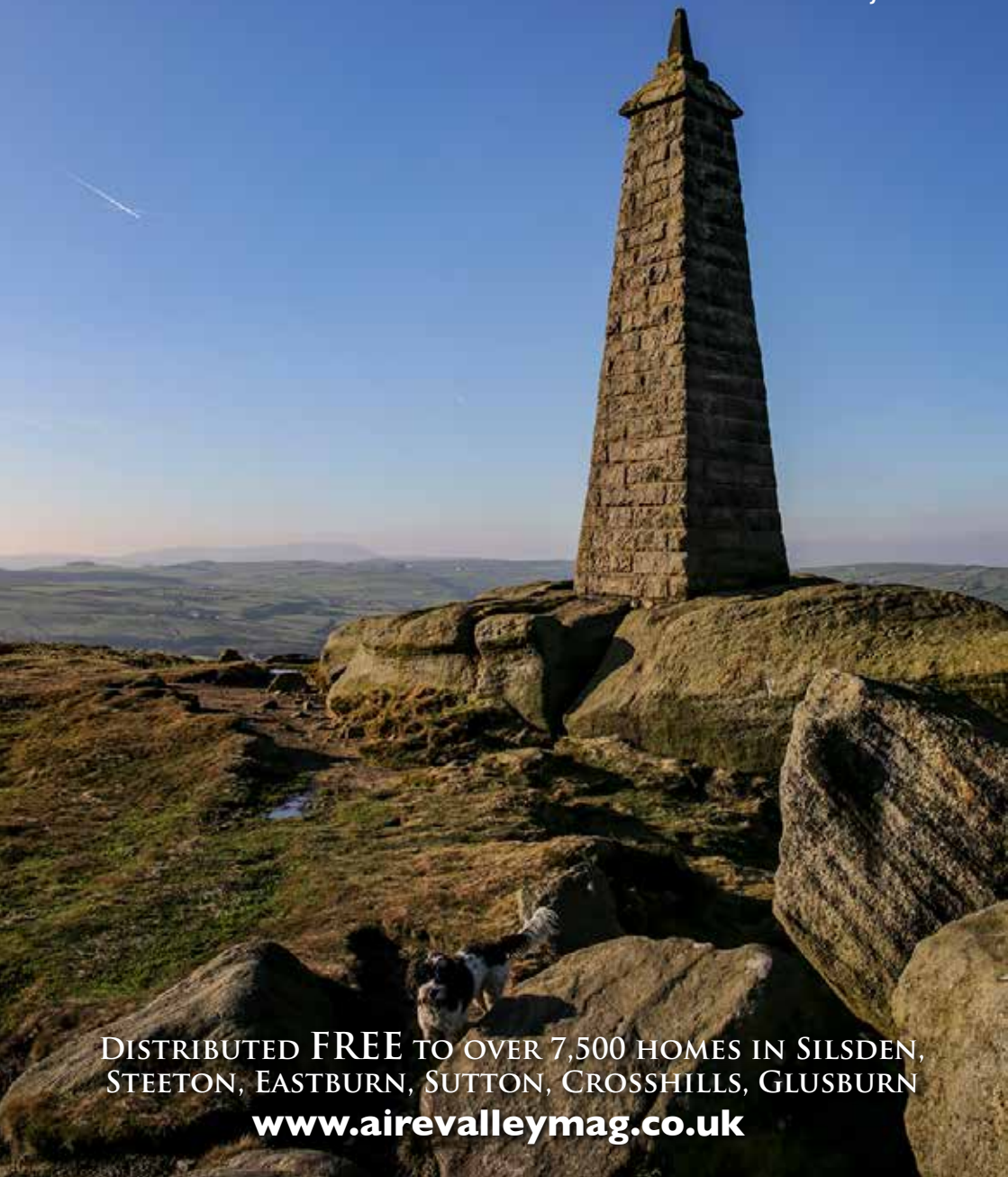


AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

February 2017



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01535 642227

2017 is feeling positive despite the turbulence in our midst and strange political rancor.

I'd recommend a run out to the Waggon and Horses for a pint or two; they are making a real effort to make folk welcome. Expect log fires and hearty country pub food. (p19) Tell them we sent you.

In the years ahead twenty first century solutions will be needed to underpin our rural tourism economy. The South Pennine Leader Programme is outlined on page 28, and not a minute too soon. Contact our office if you are keen to be included in a local tourism forum under development. We'll need to work together to make the most positive impact.

Have a great February. Liz Barker
Editor, Worth Valley Mag 01535 642227

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MONDAY 7:00PM Laycock Village Hall Call Lynn: 07800 865331	WEDNESDAY 5:00PM or 7:00PM Oakworth Holden Hall Call Andrea: 01535 642319	THURSDAY cont. 5:00PM or 7:00PM Haworth Baptist Centre Call Andrea: 01535 642319
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Sudoku Puzzles

1	2			6				
				2		9		
	8			3	5	4	2	
8	1		3	7				
		7		2		8		
				9	1		3	4
2	6	9	1				5	
	7		2					
				5			6	1

			6	4			3	8
	3			5			7	1
					1			
				6		9		2
9	1		2				5	7
6		8		9				
			3					
3	9			8				2
4	5			1	6			

		2			1	9	5	
6								1
	4			3	9		2	
			4	6		5		
				2				
		5		1	8			
	2		7	8				1
7								9
	1	4	3			7		

	2			9		6		
1	9				4	3	8	
	7				2			
		2						8
9			4		7			6
3						1		
			1				6	
	3	1	8				5	4
		4		7				2

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9.

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COUNTRY COOKING by Cath Bromwich



SWEET & SOUR STIR-FRY

Most of us enjoy treats, however often people have food allergies and have to find different ways of enjoying foods. This recipe meets many of these needs...and also achieves the standards for 'treat' for me! I serve it with egg-fried rice. You will have some sympathy for me I'm sure, because I would happily make this recipe without thinking until I tried to write it down...and then I struggled to get the balance of flavours right each time I did it! You need the right balance of sweet pineapple and sour vinegar for it to taste delicious. I like crunchy vegetables, but cook them longer if you like.



Cath Bromwich, a Silsden resident, is a cookery teacher and forager. Her livelihood includes foraging and cookery courses, such as cooking on a budget

and outdoor foraging and cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/foragercathyorkshire

Ingredients:

Recipe for a generous 2

1-2 Tablespoons oil for frying or about a heaped teaspoon coconut oil

Salt and pepper

1 Onion, sliced thinly

2-3 Cloves of garlic, grated or cut small

2-3 Carrots peeled and cut thinly (I do diagonal cuts)

1 Green pepper, de-seeded and sliced thinly

Pineapple chunks or slices from a small tin, cut into chunks (227g Can)

Optional: Approximately 200g stir-fry meat (Chicken, turkey or pork) cut into small chunks or slices

For the sauce:

1 Desertspoon corn flour (10ml)

1 Tablespoon honey (15ml)

1 Tablespoon soya sauce or Tamari sauce (which is gluten-free) (15ml)

1 ½ Tablespoons Rice vinegar

100ml approximately Pineapple juice from a carton or from the can of pineapple chunks

2 Big pinches salt, a good pinch of pepper

Method:

Put the sauce ingredients in a mug, cornflour first, add all the liquid ingredients, mix well, add the salt and pepper

In a big pan or wok add the oil and heat until hot (hob on HOT)

Add the onion and stir a minute, add the carrots and meat, if having, continually stir

When the meat is almost cooked (break a piece open to check) then add the green peppers, continually stir.

Add the pineapple chunks and the sauce in the mug. Keep stirring as it thickens, season and add any more soya sauce, vinegar etc. according to your taste.

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Claire teaches in Haworth during term-time and monthly workshops on Saturdays at her studio in Keighley.
For more information contact Claire:
07904 010430, cketteman@aol.com.
www.claireketteman.blogspot.co.uk

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Price £5 per session. All welcome.

To advertise call Karen or Liz on 01535 642227

Keighley & Worth Valley Railway Events 2017



The alarm goes off just after 6:30 and it's not even a working day. By 8:15 I'm taken back to 1910 (that's the year, not the time!) and am unlocking the gates at Oakworth station. It's foggy, so I put the signal and gate lights on, and then make sure the fires are lit in the booking office and waiting room. There's no electric lighting at the station, so I illuminate some of the gas lamps to help me see the train register that I need to complete during the day to record the passing of trains.

Pushing the station barrows on to the



platform brings the place to life. I ring the telegraph bell down to the signal

box at Damems Junction to let them know that I'm on duty and ready to operate the crossing gates and signals when the first train arrives just after 9. At 9:05 the 'treddle' just past Haworth station is depressed, ringing the bell at Oakworth to alert me to the imminent arrival of the heritage diesel. I put the gates across the road, having my first Mr Perks moment of the day, and operate the levers to raise the signal and the train arrives, dropping off and collecting the first passengers of the day. The train leaves and I ring down to the signal box to let them know

the train is en route.

Then peace returns, giving me time to put the kettle on and wait for the train to return from Keighley. The peace is short-lived, however, because the train approach bell sounds again and a work train arrives from Haworth, and shunts the yard to take the ballast wagon down to Ingrow later in the day.

And so begins the routine of the day... half an hour between trains to fettle the station, polishing the brass and stoking the fires (and keep the kettle boiling for the benefit of fellow volunteers!), operating the gates and signals, and welcoming passengers. The last train passes in the twilight of a winter late afternoon, just after the gas lights on the platform have lit, which brings a fantastic glow to the station.

I started many years ago as a volunteer trainee booking clerk and received full training and examination to achieve the crossing keeper qualification, which permits me to run Oakworth and Damems stations, and you can do the same by applying via the website for this or the variety of roles that we have on offer.

If you prefer to visit as a passenger, there's a whole variety of events planned for 2017, with the visit of **Flying Scotsman in early April**, seats for which are selling very fast with many trains already full, so please do book soon to avoid disappointment. We also continue to run trains every weekend and daily in half term, with our **Steam Gala in early March**, and a visit from **Sid and Scrat from Ice Age 21/22 February**.

Do please get in touch if you would like to volunteer, and see the website for details of forthcoming events and train times.

Telephone: 01535 645214 mail: admin@kwvr.co.uk

Where in the Aire Valley? COMPETITION

Where is the red x located in the photo to the right? ?

This month's prize is generously donated by **Keighley & Worth Valley Railway**

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Last month's location was St. John's Church, Cononley. The winner was Margaret Hitch, Keighley.

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Art Exhibition at Haworth Visitor Information Centre (Gallery located above the VIC on Main Street)

Some readers might remember the work of Rosie Clarke. Rosie created a regular cartoon series for Worth Valley Publishing seven years ago called Crazy Maisey. She went on to Wimbledon College of Art where she completed a painting degree. You can view Rosie's work Feb 13th - 25th in the exhibition space above the VIC in Haworth.

It's bedtime right and Maisey is enjoying the fireworks... but what has she found under that bush?

It's a treasure map!

CRAZY MAISEY'S ADVENTURES

One of the robots has stolen pieces of the map around the WORLD.

It's on the wind here! Help Maisey find the next piece!

Rosie Clarke and her recent paintings, and the Crazy Maisey cartoon from her school days.

BEHIND THE SCENES AT THE MUSEUM



February sees the opening of **Mansions in the Sky**, a brand new exhibition curated by poet **Simon Armitage**, our **2017 Creative Partner**. Simon is working with the museum team on a number of projects to mark **Branwell Brontë's bicentenary**. Here he is to tell us more.

Tell us a little about yourself:

I'm a poet and writer, born and living in West Yorkshire.

What most interests you about Branwell?

He's usually depicted as the bad boy of the Brontë clan, a sort of black sheep among the angelic sisters. And certainly his behaviour was pretty erratic at times, and some of his decision-making a bit wayward. But more than anything I sense his disappointment. He was the great hope of the family initially, singled out by his father for special treatment as the son and heir. It seems as if over time Branwell's great ambitions, and the ambitions other people had for him, were overtaken by the

reality of the situation, and that his boyish enthusiasm couldn't be converted into genuine talent, either as a writer or artist. It's from then onward that he begins his slow downward spiral.

What is your favourite item in the Museum's collection?

Branwell's wallet. It's a big chunky, meaty thing, like a piece removed from his torso. It's empty, of course – he was never one for saving!

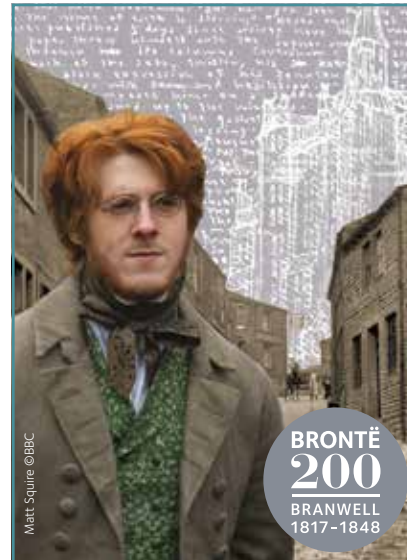
And your favourite piece of Brontë writing?

I'm going to betray Branwell here, but all three sisters were, in the end, far better writers. It's hard to see past *Wuthering Heights*, if you have a heart and a soul. Some of Emily's poems as well – she had a natural gift. This poem, for example, which revels mischievously in the darker aspects of life :

*Fall, leaves, fall; die, flowers, away;
Lengthen night and shorten day;
Every leaf speaks bliss to me
Fluttering from the autumn tree.
I shall smile when wreaths of snow
Blossom where the rose should grow;
I shall sing when night's decay
Ushers in a drearier day.*

Anything else you'd like to tell us?

Come and see the exhibition at the Museum. I think many people have a neat and tidy image of the Brontës and their world, but this will be like walking into Branwell's head – not a pretty place.



2017 at the Brontë Parsonage Museum

FROM 1 FEBRUARY

Mansions in the Sky: The Rise and Fall of Branwell Brontë

A new exhibition curated by Simon Armitage explores the mind and world of the notorious Brontë brother in the bicentenary of his birth.

To Walk Invisible...From Parsonage to Production

A selection of costumes, props and behind-the-scenes stills from the BBC drama.

Open daily from 10am, the Museum runs an exciting programme of events, exhibitions and family activities throughout the year.

Brontë Parsonage
MUSEUM

Haworth, Keighley, West Yorkshire BD22 8DR

01535 642323 www.bronte.org.uk

Open Nov-Mar 10am-5pm daily, Apr-Oct 10am-5.30pm. Last tickets sold 30 minutes before closing. Reg Charity: 529952 Reg Company: 73855



Steeton, Eastburn and Silsden Consultation on draft Neighbourhood Plan

Steeton-with-Eastburn Parish council and Silsden Town Council have drafted a neighbourhood plan for the two parishes. It covers issues such as housing, economic development, heritage and the environment. **Your views on any aspect of the plan are welcome.**

A formal public consultation on the draft neighbourhood plan begins on **3rd February 2017 for 6 weeks**. There will be 2 drop in events, at the **Methodist Church in Silsden on Saturday 4th Feb**, and at the **HUB in Steeton on 18th Feb**, both between 10 and 2 pm. **The plan will be available online at [Steeton-with-Eastburn Parish Council.gov.uk](http://Steeton-with-EastburnParishCouncil.gov.uk) & at Silsden.net.**

Once comments from the public and businesses have been considered and changes made the plan will be sent to Bradford Council who will arrange for a planning inspector to review the draft



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(see page 8)

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Cleansing Detox Electric Green Juice



Haworth Wholefoods &
WORTH VALLEY MAG



OK so it is February and time for a check in. Did you make a commitment to get healthy, eat your greens, detox, and get fit this year? Pat yourself on the back if you managed to make some headway on any of these fronts. But don't beat yourself up if you are still making your way through the last of the Christmas cake. Life is for living, and anyway, we think February is the perfect month to turn up the volume on a new regime.

Juicing is a great way to ease into healthy habits and add energy to your days. This Electric Green juice recipe is a winner and so satisfying in the mornings, especially as green means go!

It is sweet enough to satisfy a child's palate and grown up enough to make you feel smug about drinking your vegetables. Bottom line is, you are providing your body with a plant based, nutrient rich drink that also has an alkalisng effect on your digestive system. Enjoy!

Electric Green Juice

Ingredients:

- 1 cucumber
- 1 cup* parsley
- 1 cup spinach
- 2-3 green apples
- Super Detox:
- 2cm fresh turmeric
- 1/2 lime
- 2 beets (optional)

Worth Valley Mag and Haworth Wholefoods bring you fresh juice recipes every month. If you are dieting, detoxing or just eating healthily, Haworth Wholefoods has everything you need! Contact Sally at Haworth Wholefoods to find out more. 01535 649217.

*The cup measurement is equivalent to a standard mug.

Method: Place all ingredients through a juicer, extracting only the juice and leaving the pulp. Best consumed right away but can be stored in airtight glass jar for two days if required. Yield: 2 servings.



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What do you say to your single friends on Valentine's Day? **Happy Independence Day!**

What did one boat say to the other? **"Are you up for a little row-mance?"**

Boy: Do you have a date for Valentine's Day?
 Girl: **Yes, February 14th.**

Whoever named it necking is a poor judge of anatomy.



COMMUNITY PAGES

1st Wednesday in each monty Breathe Easy Aire Valley 1.45 -3.45 at the Steeton Hub BLF Respiratory Support Group Contact Ann Caden 07720810294 or email: anncaden@yahoo.co.uk

Every 2nd Tuesday 10am - 12pm Time for Me (Carers Resource) is a monthly group for carers and over 50's. Fun activities and friendly support at Steeton Hub, Stone Grove. More info call Carolyne 01274 449660.

Dementia Friendly Keighley seated exercise classes are every Monday **11.15am -12pm at Central Hall, Keighley, BD21 3JD** More info call Maggie 07971 527525 or email info@dementiafriendlykeighley.org.uk.

Staincliffe Court Luncheon Club Lunch and socialise for over 50's. Have a tasty, home-cooked, nutritious 2 course hot lunch and make new friends all in a relaxed and pleasant atmosphere. **Every Thursday - Staincliffe Court, Elliot St, Silsden.** Please call 01535 677177 to book a place. £4.00 per session.

The Silver Line Helpline for older people Information, friendship, advice Calls are FREE: 0800 470 80 90 FREE, confidential 24 hour service www.thesilverline.org.uk. For a group talk/presentation about The Silver Line Contact the Community Engagement Volunteer, Jeanette House, Tel: 07873459188.

Sat 11th Feb 7.30pm Christ Church, Ilkley present The Brighouse & Rastrick Brass Band. Tickets £15 from the Christ Church Cafe or call 01943 608479
Mon 20th Feb 11.15am -12.30pm at Community Centre, North Street,

Sutton. Coping with Debt and Poverty:

A talk about the work of CAP in supporting those in need in our local communities followed by soup and a roll. It will help us with catering if you call 07834 713735 if you hope to attend.

Fri 3rd Feb 7.30pm Glusburn Institute Film 007 Spectre James Bond on the big screen. Tickets £5 call 01535 630223 or visit www.gicac.org.uk.

Sat 4th Feb 10am - 2pm Silsden Methodist Church Drop in event - Steeton, Eastburn & Silsden Consultation on draft Neighbourhood Plan.

Tues 7th Feb Glusburn Institute Baby Sensory Class FREE taster Session www.babysensory.com or call Nicola 07800 930640 to book place.

Fri 10th Feb 10.30am Cliffe Castle Museum, Keighley Join us for the first season of free events **A Story To Tell.** Using objects from the museum collections, staff will introduce you to some of the fascinating histories and tales which they reveal. We want to hear your stories too! Participants are invited to bring along a small object or photograph with a story that they would like to share with the group.

Each session has a theme which acts as a starting point. This session's theme is School Life. Please



contact Cliffe Castle on 01535 618231 to confirm attendance
Sat 11th & Sun 12th Feb 10am - 4pm Haworth Craft Fairs at **Haworth Old**

Sun 12th, 19th Feb & Sun 5th March North Street closed in Keighley between High Street roundabout and Alice Street. Top of Cavendish Street closed. Due to demolition of former Keighley College Building.

Weds 15th & 22nd Feb, Lunch time Tree Walks in Devonshire Park - meet at 12.15pm at the main gates of Devonshire Park. All welcome. Wheelchair friendly routes available, although there are some steep sections.

Sat 18th Feb 10am - 2pm The HUB in Steeton Drop in event - Steeton, Eastburn & Silsden Consultation on draft Neighbourhood Plan.

Sun 19th - Sat 25th Feb Beauty & the Beast Pantomime at Glusburn Institute by the Glusburn Youth Theatre www.glusburnyouththeatre.org.uk

Mon 20th & Tues 21st Feb 10.30am - 12.30pm February Half Term - Willow planting at East Riddlesden Hall Come along, roll up your sleeves and muck in. Bring the family, and join in with the community spirit on one of our willow planting mornings. Willow planting is a wonderful way of contributing and leaving a legacy at the property for years to come. Join us later in

the year to see how the willow has grown and help us to weave it into a wonderful tunnel for future visitors to enjoy.

Tues 21st & Weds 22nd Feb Meet Sid & Scrat Ice Age at the Keighley & Worth Valley Railway. The beloved duo will meet and greet visitors at intervals throughout the day and there will be opportunities to take photos of the character, don't forget to bring your camera!

Sat 25th Feb 8pm Central Hall, Alice Street < Keighley Dementia Friendly Keighley's Making Memories Auction. Tickets available from info@



dementiafriendlykeighley.org.uk or call 07452773788

Sun 26th Feb Lucienne de Ville at **Cliff Castle Museum** FREE performance Lucienne De Ville will be performing for us from 2pm when she will be treating us to a performance of cabaret jazz with a French twist.

Mon 27th Feb - Sun 12th March Haworth Fairtrade fortnight.

Fri 3rd March 7.30pm Glusburn Institute A beginners Guide to Growing Fruit - Gardening Talks by David Allison. £3 including tea & coffee. Call 01535 630223 or 07834 713735

Fri 3rd - Sun 5th March Spring Steam Gala on the Keighley & Worth Valley Railway.

Mon 6th - Sat 11th March One Man, Two Guvners at Keighley Playhouse. www.keighleyplayhouse.co.uk

Please support local trade



The Keighley BID is heading into the second year of its first term with a full team of staff, after the recruitment of former KTCA member Phil Walker in December. Phil joins BID manager Paul Howard, and Communications Officer Hannah McIntyre; and the team are working to build on their success from 2016 and launch new projects.

The first event of the year will be a theatre-themed Kids' Fun Day on Saturday 28th January. Regional leading performing arts school Stage 84 will be holding free drop-in singing and dancing workshops all day in the Airedale Shopping Centre, 11am to 4pm. To include street dance, contemporary dance, musical theatre and pop music.

The BID would like to thank all of our member businesses for their support in 2016 and encourage them to get involved in our 2017 projects. We have a wide range of schemes to support businesses, from providing professional photos and

Phil Walker is the latest addition to the BID Team

promotional videos, to training schemes and cost reduction services. We'll also be looking to build on our Independent's Campaign from December 2016, where shoppers can win cash prizes by supporting local independent businesses.

We have a full programme of events in the works for the rest of the year, with town centre events at least once a month, and quarterly events for the recently formed Keighley Business Club with guest speakers and a chance to network with local and regional businesses. The town itself has an exciting year ahead, with the Flying Scotsman arriving on the Keighley and Worth Valley Railway on April 1st, and the Tour de Yorkshire passing through on Sunday 30th April.

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the business forward to help support the younger generation. With an award-winning and very popular burger recipe, using the meat from their own Longhorn cattle, they have decided to diversify and invest in an artisan burger bar; helping their local area and creating four new jobs in the process. This is an excellent example of how South Pennines Leader funding can be used to benefit the local area and the people living here.

Old Crib Farm in Calderdale is very similar. Providing milk for over 80 years the farm is now run by brothers Frank and John Hitchen.

Selling directly to independent rounds-men, as well as schools, care homes and local businesses the Hitchens have been able to remain profitable and sustainable, which is not easy for dairy farmers in this market. They buy milk from other local dairy farmers, paying a fair price, and are involved with the '180 Day Pasture Promise' to guarantee free range milk production. Their Leader funding will be used to modernise the out-dated dairy, helping the brothers to increase production and offer a wider range of products, including butter.

The programme is designed to offer



Autumn Hitchen (left, aged eight) and Norman Kitchen (right, aged five) in the Old Crib Farm

Farming, tourism and job creation targeted by new £1.2 million fund The South Pennines Leader programme has a budget of £1,286,000 available to help support a range of business enterprises in the South Pennines area. Applications are now being accepted for the programme, which runs until 2019 and is managed by rural regeneration company Pennine Prospects.

"The new Leader programme is designed to support projects that create jobs and promote economic growth," explained Candy Squire-Watt, Leader Programme Coordinator. "We are keen to hear from farmers and business owners who may have an idea for diversification or expansion. This is capital funding for the purchase of specialist equipment or for buildings and unlike some other regions with Leader funding we haven't put a cap on individual funding applications."

The funding is already making a difference at the Garsides' farm, in Slaithwaite. Farmed by the Garsides for a century, the family is now looking for ways to take

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support to increase farm productivity, as well as support for micro and small enterprises and farm diversification, rural tourism, the provision of rural services, support for cultural and heritage activity and for increasing forestry productivity. Grants will be awarded for 40% of the full cost of a project. There is a handbook and guidance notes available from the South Pennines Leader website at www.southpenninesleader.co.uk

"There are so many different businesses in the South Pennines that could benefit from this funding," explained Candy. "For example, we'd like to hear from you if you have a farm or forestry business delivering visitor services, developing new local products or contributing to the landscape. Maybe you run a visitor-facing business

that provides distinctive visitor services such as accommodation or local food and drink. If so, you may be eligible for this funding.

"If you have an idea please call and we can discuss it. We can offer advice and guidance and check for eligibility to ensure you get the best chance of success."

Candy also wanted to reassure potential applicants that the funding was secure. "There has been a recent announcement by the UK Government's Treasury guaranteeing this funding up to the point that we leave the EU. This is European funding but it is secure."

For more information please contact Candy Squire-Watt at 01422 264685 or email Candy.Squire-Watt@pennineprospects.co.uk

Say you saw it in the Aire Valley Mag!

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Bronte Parsonage p16/17
Butan Trek p23
Iceland Lava Trek p9
KWVR p212
Keighley Bid p26
Steeton, Easburn & Silsden
p17

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ADP p27
Adrian Butterfield p18
Cobbydale p3
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Adele's Ironing p21
Craven Carpet Cleaning
p21
Oven Clean p18

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Computer Repairs p14
Computer Universe p13
DVD Conversion p27

Conservatories

Kingfisher p4
Warm Roof Solutions p29

Counselling & Hypnotherapy

Liam Dent p14

Electricians

AA Electrical p9
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Fencing

Colourfence p15

Fuel/Heating

Anchor Logs p27
Proper Logs p27
Wharfedale Woodburning &
Multifuel Stoves p27

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Cobbydale p3
DSM p18
Queensbury Kitchens p2

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Centre p18
Haworth Wholefoods p20
Office Furniture Outlet p21
Wharfedale Stoves p27

Restaurants/Pubs/Cafes

Newholme Manor p11
Purple Garlic p23
The 3 Acres p7
Waggon & Horses p19

Roofing

MB Roofing p9
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